

# WINTER YOUTH RETREAT

February 20 - 22, 2009

Join us this winter at Jenness Park Christian Camp. The weekend includes chapel, elective classes, group recreation, individual recreation, and 3 days and 2 nights with the most awesome youth group in the state. Snow tubing will be available if we have snow. Paintball may be available as well at an extra cost.



COST  
\$80

Everyone should bring an extra \$25-\$30 for fast food while we travel and the gift store.

HOW CAN WE BE SILENT?  
**ONE VOICE**



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## Trip information

- We meet at the church at 5:00 am Feb. 20.
- We will return around 9:00 pm Feb. 22.
- Plan to be dropped off and picked up on time.
- Transportation will be by church bus.

## Behavior Expectations

- Follow all directions given by our church chaperones, camp personnel, and other adults in authority.
- Always stay within designated areas.
- Behave in a Christlike manner.
- NO PDA!!! (this is not a date)

## Other Information

- Ages: Jr. high / high school / college.
- If possible, pay and turn in permission slip beforehand.
- The purpose for the camp is to give you 3 days / 2 nights away with God.
- For more information call the church at 484-2879 or pastor Bill at 407-4356.
- Mobile phone for trip: 407-4356
- We recommend that students leave cell phones at home, as they are a distraction. There is no cell service at Jenness Park. Pay phones are available.
- We may have youth from other churches with us on this trip. Make them feel welcome.

## MORE INFO...

### What to Bring

- travel food money (about \$25)
- spending money
- warm clothes for 3 days.
- a jacket and sweater
- extra "layers" of clothing.
- heavy duty shoes / hiking boots.
- pair of snow gloves.
- deodorant! Please!!!!
- other personal hygiene items.
- a good attitude.
- cheap camera if you want.
- bible, notebook, pen/pencil.
- sleeping bag with pillow, extra blanket.

As you pack, keep in mind that we will be staying in cabins in 25-35 degree weather.

### Don't Bring the following

- We recommend you leave ipods, electric games, etc. home.
- No clothing that is scandalous or has bad saying, logos, messages.
- No drugs or substances of any kind. (except medication. You need to check medication in with Bill ahead of time)
- Nothing so expensive or sentimental that you can't live without it if you lose it.
- Nothing is ever stolen! You lost it!
- Etc. Etc. Etc.

### Registration

Fill out the two permission slip pages and return them to the church with \$80 (checks payable to First Baptist Camarillo).

For more information call the church at 484-2879, email us at [pastorbill@iyouthgroup.com](mailto:pastorbill@iyouthgroup.com), or visit us at 1601 Temple Avenue, Camarillo CA 93010



Group Name: First Baptist Church Camarillo
Date of Arrival: 2 / 20 / 2009
Date of Departure: 2 / 22 / 2009

HEALTH INFORMATION

29005 State Highway 108
Cold Springs, CA 95335
(209) 965-3735

Participant Name: Middle Initial: Last Name:

Address: Home Phone: ( ) -

City: State: Zip: Date of Birth: / /

E-Mail Address

In case of emergency please contact: Relationship:

Home Phone: ( ) - Work Phone: ( ) -

Family Doctor: ( ) - Cell Phone: ( ) -

Address:

City: - State: Zip:

Insurance Company: Policy #:

Are there any physical or medical conditions or restrictions?

If so, please explain:

Any known allergies or drug reactions ?

Last Tetanus Shot: / /

Permission to administer medications (or its equivalent):

May your child be given (check all that applies)...

Tylenol: Ibuprofen: Aspirin:
Pepto Bismol: Neosporin: Sudafed:

Please list all medications brought to camp. Also, please include the times of administration.

Table with 2 columns: Drug Name, Times to administer. Rows 1, 2, 3.

Camper insurance is only applicable after an individual's health and accident insurance policies have been exhausted. In other words, it is only valid when other insurance has been extended to its limits and the deductible is paid.

I hereby give permission for my son/daughter/self (if over 18 years of age) to receive emergency medical attention from a physician in the event of illness or injury. (Initial here.)

ADVENTURE RECREATION PROGRAMS & PAINTBALL
AGREEMENT TO PARTICIPATE AND
ASSUMPTION OF RISK AND RELEASE

JENNESS PARK requires all participants in any of its ADVENTURE RECREATION PROGRAMS (collectively, "Programs") to read, understand, and sign this Agreement to Participate and Assumption of Risk and Release form in order to be eligible to participate in any Programs. The Programs include various indoor and outdoor activities, including without limitation, the recreational activity generally described as "Paintball." Paintball, for purposes of this Agreement, includes without limitation, the rental of equipment and transportation associated therewith.

The undersigned acknowledges that the Programs may involve certain risks and dangers. The understand acknowledges and understands that such risks and dangers, include, but are not limited to, the following:

- 1. Hazards of depending on other people,
2. Hazards of being at various heights (ground to 40'),
3. Risks associated with activities that take place outdoors, including without limitation, exposure to the elements, excessive heat, hypothermia, impact of the body upon the water, injection of water into body orifices, encountering objects either natural or man-made, exposure to reptiles, insects, and other animals with the attendant risk of attack, kicking, biting, or otherwise moving in an unanticipated manner causing injury and/or death.
4. Risks attendant to the forces of nature.
5. The undersigned's own negligence and/or the negligence of others, including without limitation, operator error and errors in judgment by guides, including without limitation, misjudging terrain, rapids, weather, trails or route locations.
6. Accidents, illness, and/or personal injury occurring in remote places where there are no available medical facilities.
7. Fatigue, chill and/or dizziness, which may diminish the undersigned's reaction time and increase the risk of accident.
8. Psychological, and bodily damage and/or or injury, not excluding fatality due to accidents, which may occur resulting from the challenge course experience or participation in other types of activities.

